ABSTRACT OF THE DISCLOSURE

A method for manufacturing a glass rod (106), which is a parent material of an optical fiber (350), comprising: adjusting a vertical inclination of a standard rod (138) having a predetermined straightness; and heating and elongating a base material (102), which is a parent material of the glass rod (106), along an axis of the standard rod (138), the vertical inclination of which is adjusted, to generate the glass rod (106).